

Frank Freshman

ENG 101

Dr. Palmer

2/19/2025

Research Journal

“Wasatch Community Gardens: Salt Lake City, Utah - Community Gardens.” Wasatch Community Gardens | Salt Lake City, Utah, wasatchgardens.org/community-gardens.

Notes:

This is the official website for Wasatch Community Gardens. The website includes information about their mission, their financial data, how to volunteer and donate, and resources for community gardens.

Quotes:

“To empower people of all ages and incomes to grow and eat healthy, organic, local food” (Wasatch).

“Wasatch Community Gardens has served Wasatch Front residents since 1989 with the belief that the quality of a community is directly related to the quality of its food. We offer garden space, educational programs, and community events to empower people to grow, harvest, preserve, and prepare fresh, healthy food. We execute our mission through five main programs: Community Garden Program, Youth Garden Program, School Garden Program, Community Education Program, and the Green Team Farm” (Wasatch).

Piper, Matthew. “Two Blocks from the Rio Grande Homeless Shelter, These Women Found Peace and Purpose on a ... Farm?” The Salt Lake Tribune, 7 Aug.

2017, www.sltrib.com/news/politics/2017/08/08/two-blocks-from-the-rio-grande-homeless-shelter-these-women-found-peace-and-purpose-on-a-farm/.

Notes:

This article is about women from a homeless shelter called the Road Home who found hope by working in a community garden. The garden helps feed people at the homeless shelter, as well as children at a local Head Start.

Quotes:

“Each woman also gets a 6-foot stretch to plant whatever she likes. Lynette, whose Pomeranian-Chihuahua service dog, Ed, watches her patiently, chose melons, green beans, beets and snap peas so sweet they’d pass for candy in a blindfold test” (Piper).

“Team members earn \$9 an hour for a minimum of 20 hours per week and attend Friday classes on job skills. The land is leased by Salt Lake City’s Redevelopment Agency at a cost of \$1 per year, and the produce is sold at a cut rate to the Head Start program for disadvantaged children.” (Piper).

“In fact, Salt Lake City Councilman Derek Kitchen, who is vice chairman of the RDA board, would like to see something similar at two new homeless shelters in development at 275 W. High Ave. and 131 E. 700 South.

‘There’s mountains of research that talks about the benefits of getting your hands dirty, as far as therapy goes,’ he said” (Piper).

Modern Gardener. “Wasatch Community Gardens| Modern Gardener.” YouTube, July 3, 2019. <https://www.youtube.com/watch?v=5SDVgYAg0tg>.

Finley, Ron. “A guerrilla gardener in South Central LA.” TEDTalk, February 2013. https://www.ted.com/talks/ron_finley_a_guerrilla_gardener_in_south_central_la.

Notes:

Quotes:

Szabo, Kendra. "Community Gardens Helping Fight Hunger." Arizona Republic, Sep 17, 2013. ProQuest, <https://proxy.yc.edu/login?url=https://search.proquest.com/docview/1434422648?accountid=8141>.

Notes:

“Non-profit organizations nationwide have started teaching lower-income communities to create their own vegetable gardens. The non-profit group, which is funded by donations and grants, formed partnerships with nearby churches for the gardens.”

Quotes:

“One in five Arizonans lacked the money to buy food at least once in 2012, according to Feeding America, a non-profit organization consisting of more than 200 food banks and food-rescue organizations across the U.S.” (Szabo).

“Experts say urban gardening is a cheaper and more nutritious option than purchasing food.” (Szabo).

“The garden produces enough food that Alvarez doesn't need the food banks. In fact, he gives extra produce to church members or friends.” (Szabo).

“Interested in Joining a New Community Garden?” SlcGreen Blog, 23 May 2019,
slcgreenblog.com/2019/05/23/support-community-gardens/.

Notes:

Quotes: